

Medical Institute

The State Higher School of Computer Science and Business Administration in Łomża

Cosmetology - Intramural Studies

YEAR I / Items in the academic year 2012-2013/

		<i>Semester 1</i>					
	Subject	Hours			Total	ECTS	Form
		Lec.	Exer.	Sem.			
1.	Anatomy	10	20		30	4	E
2.	Biophysics	15	20		35	2	Z
3.	Biology and Genetics	20		25	45	4	E
4.	First Aid	8	12		20	2	E
5.	Information Technology	10	20		30	2	Z
6.	Skin Care Cosmetology part 1	20	50		70	5	Z
7.	Dermatology part 1	21	30		51	4	Z
8.	Foreign Language part 1		30		30	2	Z
9.	The Basic of Psychology with Inerpersonal Communication	12		16	28	3	Z
10.	The Basics of Pedagogy	10		10	20	2	Z
Total		126	182	51	359	30	3 E
Work Safety and Hygiene Training		4					
Library Training		2					
		<i>Semester 2</i>					
1.	Skin Care Cosmetology part 2	20	50		70	6	E
2.	Dermatology part 2	9	60		69	6	E
3.	Foreign Language part 2		30		30	2	Z
4.	General Pathology	20	10		30	2	Z
5.	Physiology	20	10		30	3	E
6.	History of Cosmetology	12			12	1	Z
7.	Histology	25	25		50	5	E
8.	Physical Education part 1		30		30	1	Z
9.	Physiotherapy and Massage	21	24		45	4	Z

Total		127	239	0	366	30	4 E
Practice after I year - 5 weeks (200 h = 8 ECTS) - Skin Care Cosmetology							
		<i>Semester 3</i>					
	Subject	Hours			Total	ECTS	Form
		Lec.	Exer.	Sem.			
1.	The Basics of Allergology	10	16		26	3	Z
2.	Microbiology and Immunology	30	30		60	5	E
3.	Cosmetic Chemistry	20	50		70	5	E
4.	Aesthetics	15	35		50	5	E
5.	Beautifying Cosmetology part I	15	45		60	5	Z
6.	Hygiene	20		10	30	3	E
7.	<i>To choose from:</i>	15		25	40	2	Z
	<i>1. Interpersonal Communication</i>						
	<i>or</i>						
	<i>2. Philosophy</i>						
8.	Socjology	10		10	20	1	Z
9.	Foreign Language part 3		30		30	1	Z
Total		135	206	45	386	30	4 E
		<i>Semester 4</i>					
1.	Beautifying Cosmetology part II	15	45		60	7	E
2.	Foreign Language part 4		30		30	2	E
3.	Biochemistry	15	30		45	4	E
4.	Pharmacology	30	30		60	5	E
5.	Shaping the Figure and Posture	10	30		40	3	Z
6.	Professional Ethics	12		8	20	1	Z
7.	Gynaecological and Endocrinological Aspects in Cosmetology	12		12	24	1	Z
8.	Preventing Infections	10	35		45	3	Z
9.	The Rules of Propper Nurition	20		20	40	2	Z
10.	Small Business Marketing and Organisation	10		15	25	2	Z
Total		134	200	55	389	30	4 E
Practice after II year - 4 weeks (160h = 5 ECTS):							
- 20h. - Skin Care Cosmetology							

– 70h. - Corrective Cosmetology
 – 70h. - Beautifying Cosmetology

Semester 5							
	Subject	Hours			Total	ECTS	Form
		Lec.	Exer.	Sem.			
1.	Cosmetics Evaluation Methods	15	20		35	2	E
2.	Socjology			20	20	2	Z
3.	Natural Cosmetics Materials. The Basic of herbal medicine	10		15	25	2	Z
4.	<i>To choose from:</i>						
	<i>1. Modelling of the body (120h)</i>						
	* Dancing Forms of Motion		40		40	2	Z
	* Massage Techniques	10	40		50	4	Z
	* Workout		30		30	1	Z
	<i>2. Natural cosmetics (120h)</i>						
	* Chemistry of Natural Cosmetic Ingredients	20	30		50	4	Z
	* Thermomedicine	10	20		30	1	Z
	* Minerals in Cosmetology	20		20	40	2	Z
5.	<i>To choose from:</i>	30	60		90	8	E
	<i>1. Image Consulting and Styling</i>						
	<i>or</i>						
	<i>Small Business Management (90h)</i>						
6.	Small Business Marketing and Organisation			30	30	2	Z
7.	Physical Treatments in the Cosmetology	20	25		45	3	E
8.	Cosmetic Composition	15	20		35	4	E
Total		100	235	65	400	30	4E
		or	or	or	or	or	

		140	175	85	400	30	
		Semester 6					
1.	Sanitary-Epidemiological Supervision			15	15	1	Z
2.	Intellectual Property Protection			30	30	1	Z
3.	<i>To choose from:</i>	30	60		90	7	E
	<i>2. Professional Body Treatments (90h)</i>						
	<i>or</i>						
	<i>2. Professional Facial Treatments (90h)</i>						
4.	Health Promotion and Education	10	20		30	2	Z
5.	The Basics of Medical Cosmetology	15	30		45	3	E
6.	Selected Issues of Medical and Labour Law			15	15	1	Z
7.	Laboratory Diagnostics	10	15		25	1	Z
8.	The Basics of Spa & Wellness			20	20	1	Z
9.	The Rules of Proper Nutrition			30	30	2	Z
10.	Methodology of Scientific Research	10		20	30	1	Z
11.	Diploma Seminar			30	30	10	Z
Total		75	125	160	360	30	2 E