



*Semester II*

| No. | Course name                              | Number of hours |    |     |       | Number of ECTS credits | Form of Examination |
|-----|--|-----------------|----|-----|-------|------------------------|---------------------|
|     |  | L               | P  | L/S | Total |                        |                     |
| 1.  | Foreign Language part II                 |                 | 30 |     | 30    | 2                      | Assesment           |
| 2.  | Anatomy part II                          |                 | 15 |     | 15    | 2                      | Exam*               |
| 3.  | Psychology part II                       | 15              | 15 |     | 30    | 2                      | Exam*               |
| 4.  | Methodology of Physical Education part I | 15              | 15 |     | 30    | 2                      | Assesment           |
| 5.  | Theory and Meth. Swimming part II        |                 | 15 |     | 15    | 1                      | Assesment           |
| 6.  | Pedagogy part II                         | 15              | 15 |     | 30    | 2                      | Exam*               |
| 7.  | Sport for all I                          |                 | 30 |     | 30    | 2                      | Assesment           |
| 8.  | Theory and Meth. Gymnastics part II      |                 | 30 |     | 30    | 3                      | Exam*               |
| 9.  | Hiking Camp                              |                 | 45 |     | 45    | 3                      | Assesment           |
|     |  |                 |    |     |       |                        |                     |
|     |  |                 |    |     |       |                        |                     |
|     |  |                 |    |     |       |                        |                     |

\* Exam – part I and II of subject

*Semester III*

| No. | Course name                               | Number of hours |    |     |       | Number of ECTS credits | Form of Examination |
|-----|---|-----------------|----|-----|-------|------------------------|---------------------|
|     |   | L               | P  | L/S | Total |                        |                     |
| 1.  | Foreign Language part III                 |                 | 30 |     | 30    | 2                      | Assesment           |
| 2.  | Theory and Meth. Volleyball part I        |                 | 30 |     | 30    | 2                      | Assesment           |
| 3.  | Biomechanics                              | 15              | 30 |     | 45    | 3                      | Exam                |
| 4.  | Theory and Meth. Swimming part III        |                 | 15 |     | 15    | 1                      | Assesment           |
| 5.  | Fizjology                                 | 15              | 30 |     | 45    | 3                      | Exam                |
| 6.  | Biochemistry                              | 15              |    | 30  | 45    | 3                      | Exam                |
| 7.  | Winter Camp                               |                 | 60 |     | 60    | 4                      | Assesment           |
| 8.  | Theory and Meth. Basketball part I        |                 | 30 |     | 30    | 2                      | Assesment           |
| 0.  | Antropology                               | 15              | 30 |     | 45    | 3                      | Exam                |
| 10. | Theory and Meth. Athletics part I         |                 | 30 |     | 30    | 2                      | Assesment           |
| 11. | Methodology of Physical Education part II | 15              | 15 |     | 30    | 3                      | Exam*               |
|     |   |                 |    |     |       |                        |                     |

\* Exam – part I and II of subject

*Semester IV*

| No. | Course name                           | Number of hours |    |     |       | Number of ECTS credits | Form of Examination |
|-----|---------------------------------------|-----------------|----|-----|-------|------------------------|---------------------|
|     |                                       | L               | P  | L/S | Total |                        |                     |
| 1.  | Foreign Language part IV              |                 | 15 |     | 15    | 2                      | Assesment           |
| 2.  | Theory and Meth. Basketball part II   |                 | 30 |     | 30    | 2                      | Assesment           |
| 3.  | Theory and Meth. Tennis               |                 | 30 |     | 30    | 2                      | Assesment           |
| 4.  | Theory and Meth. Swimming part IV     |                 | 15 |     | 15    | 2                      | Exam**              |
| 5.  | Theory and Meth. Athletics part II    |                 | 30 |     | 30    | 3                      | Exam*               |
| 6.  | Theory and Meth. Volleyball part II   |                 | 30 |     | 30    | 2                      | Assesment           |
| 7.  | Summer Camp                           |                 | 60 |     | 60    | 4                      | Assesment           |
| 8.  | Corrective and Compensating Exercises | 15              | 15 |     |       | 2                      | Assesment           |
|     |                                       |                 |    |     |       |                        |                     |

\* Exam – part I and II of subject

\*\* Exam – part I, II, II and IV of subject

*Semester V**Specialization: Sport instructor in individual and team sports*

| No. | Course name                           | Number of hours |    |     |       | Number of ECTS credits | Form of Examination |
|-----|---------------------------------------|-----------------|----|-----|-------|------------------------|---------------------|
|     |                                       | L               | P  | L/S | Total |                        |                     |
| 1.  | Anthropometrics                       | 15              | 30 |     | 45    | 3                      | Exam                |
| 2.  | First aid                             |                 | 15 |     | 15    | 1                      | Assesment           |
| 3.  | Theory and Meth. Handball part I      |                 | 30 |     | 30    | 2                      | Assesment           |
| 4.  | Information Technology                |                 | 30 |     | 30    | 2                      | Assesment           |
| 5.  | Theory of sport                       | 15              | 30 |     | 45    | 3                      | Exam                |
| 6.  | Sport for all part II                 |                 | 30 |     | 30    | 2                      | Assesment           |
| 7.  | Theory and Meth. Football part I      |                 | 30 |     | 30    | 2                      | Assesment           |
| 8.  | Combat sports                         |                 | 30 |     | 30    | 2                      | Assesment           |
| 9.  | Theory and Meth. Table tennis         |                 | 30 |     | 30    | 2                      | Assesment           |
| 10. | Corrective and Compensating Exercises | 15              | 15 |     |       | 2                      | Assesment           |
| 11. | Foreign Language part V               |                 | 15 |     | 15    | 3                      | Exam***             |
|     |                                       |                 |    |     |       |                        |                     |

\*\*\* Exam – part I, II, II, IV and V of subject

*Semester VI**Specialization: Sport instructor in individual and team sports*

| No. | Course name                             | Number of hours |     |     |       | Number of ECTS credits | Form of Examination |
|-----|---|-----------------|-----|-----|-------|------------------------|---------------------|
|     |   | L               | P   | L/S | Total |                        |                     |
| 1.  | The theory of sports training           | 30              | 15  |     | 45    | 3                      | Assesment           |
| 2.  | Sport Instructor specialization part II |                 | 100 |     | 100   | 5                      | Exam*               |
| 3.  | Theory and Meth. Football part II       |                 | 30  |     |       | 2                      | Assesment           |
| 4.  | Physiotherapy in sport                  | 15              | 30  |     | 45    | 3                      | Exam                |
| 5.  | Theory and Meth. Handball part II       |                 | 30  |     | 30    | 2                      | Assesment           |
| 6.  | Nutrition and supplementation in sport  | 15              | 30  |     | 45    | 3                      | Exam                |
|     |   |                 |     |     |       |                        |                     |

\* Exam – part I and II of subject